



These Providers have been through the SFPD FATS training, ride-a-longs, or have a positive relationship with someone within L2400 and are culturally competent in public safety issues. All you need to do is call a clinician of your choice directly to make an appointment, then contact your EAP Provider and let them know for authorization.

AREA	CONTACT CONFIRMED	EAP PROVIDER				INSURANCE	PROVIDER	ADDRESS	CITY	PHONE	E-MAIL	WEBSITE	SPECIALTY	
		MHN	CONCERN	SUTTER HEALTH	MORNEU SHEPELL									
San Francisco	7/17/2019	x				Blue Shield, Workers Comp	Linda Bartlett, Ph.D., R.N.	2202 Fillmore St.	San Francisco, Ca. 94123	(415) 673-3275	doctorbartlett@gmail.com	FILES://WWW.DSVI.INDUSTRYCOLLAPSE.COM/US/therapists/linda-m-bartlett-san-francisco-ca-94123	PTSD, Child, Adolescents and Couples, Loss & Grief, Life Transitions, EMDR, Anger Management, Substance Abuse, Disability, Depression, Anxiety, Medical problems and chronic illness, Divorce	
	7/17/2019	x				Magellan, Blue Shield, Private Pay	*Heather Nelson Brame, LCSW	425 Gough St.	San Francisco, CA 94102	(415) 819-1842	hnbrame@comcast.net		Trauma, PTSD, Critical Incident Stress Debriefing, Grief & Loss, Anxiety, Anger Management, Depression, Families, Children, Adolescents, Individuals, Couples, Diverse Families, Infant Loss.	
		x				Magellan, Blue Shield, WPCR Clinician	*Stephanie Cress, RN, LCSW	1819 Union St.	San Francisco, Ca. 94123	(415) 409-2949	Watercress1@aol.com	https://stephaniecress.com	PTSD, Trauma Recovery, Bereavement & Grief, AD/HD, Substance Abuse, Women's Issues, Anger Management, Anxiety/Depression, Critical Incident Debriefing, Couple & Individuals, EMDR, Clinical Hypnosis.	
		x				Magellan	*Melissa D'Amore, MFT	3020 Fillmore St., Suite A	San Francisco, CA 94116	(415) 250-5440		http://www.melissadamoremft.com		Trauma, Crisis Intervention, Grief, Life Transitions, Relational Trauma, Mindfulness, Recovery & Relapse Prevention, PTSD, EMDR
	7/17/2019					Private Pay	Jennifer Battat, LCSW	399 Laurel Street, Suite I	San Francisco, Ca 94118	(415) 297-1518	drjhymes@gmail.com	http://jenniferhymes.com	Trauma, Relationships, Substance Abuse, AdditionAdolescents, Couples	
	7/17/2019			x		Blue Shield, Magellan	Loren Crane, Ph.D.	1939 Divisadero St. #4	San Francisco, Ca. 94115	(415) 563-3540	wloren@yahoo.com		Critical Incident Debriefing, PTSD, Cross Cultural Issues, Family, Couples EMDR, Substance Abuse, Anxiety & Depression.	
		x					Megan Lehmer, Ph.D.	1131 Irving St.	San Francisco, Ca. 94122	(415) 665-8960	mlehmer@drlehmer.com	http://drlehmer.com	Work problems, PTSD, Couples, Families & Children, Child Custody & Divorce, EMDR, Relationships, Psychological Testing.	
	7/17/2019	x				*Private Pay and Sliding Scale	Pia Crosby, LMFT	529 Irving Street	San Francisco, Ca. 94122	(510)760-8308	pia.heartstrings@gmail.com	http://onelifecounselingcenter.com/or-therapists/- Pia Crosby	Loss, Grief, Trauma, Depression, Stress Management, Mindfulness, Anxiety, First Responders. Individuals, Groups, Couples, and Families.	
		x				Blue Shield, Magellan	Michael Scott, LCSW	2142 Sutter St. #1	San Francisco, Ca. 94115	(415) 505-5527				Cross-Cultural Issues, Couples, Children, Adolescents, Depression/Anxiety, Family Therapy, Trauma & TX, Substance Abuse
	x				Blue Shield, City Plan 1, Magellan	Bill Vlach, Ph.D.	529 Irving St.	San Francisco, Ca. 94122	(415) 681-6565				Divorce Depression, Anxiety, Substance Abuse, PTSD, Adolescents, Couples, Family, Bereavement, Anger Management, Disability Issues.	
	x				Blue Shield, Anthem Blue Cross, SF City Mental Health Plan, Magellan	Norita Vlach, Ph.D., LCSW	529 & 1131 Irving St.	San Francisco, Ca. 94122	(415) 681-6565				Cross Cultural Relationships, Depression, Anxiety, Substance Abuse, PTSD, Adolescent, Family Issues, Couples, Bereavement, Chronic Illness, Life Transitions, Disability Issues.	
Peninsula & South Bay		x				Blue Shield, Private Pay, Cigna, Magellan, Beacon Health	Tracy De Soto, MA, LMFT, LPCC	901 Sneath Lane, Suite 108	San Bruno, CA 94066	(650) 279-2330		https://www.desotomft.com	Individuals, Families, Couples, Parenting Issues, Life Transitions, Expressive Art therapy, Life Coaching, Postpartum Issues, Grief, Suicide, Depression, Addiction, Anxiety, LGBT	
		x				Magellan	*Karen Goehring, MFT	940 Saratoga Ave. #110	San Jose, CA 95129	(408) 718-0205	karen@talktokaren.com	http://www.talktokaren.com	Former Paramedic, PTSD, Families, Adolescents, Individuals, Children, Eating Disorders, EMDR, Critical Incident Stress, Depression, Anxiety, Trauma, Grief & Loss, Relationship, Substance Abuse, First Responders	
		x				Blue Shield, Anthem, Magellan	Adrienne Cane Ilang, MFT	1720 S. Amphlett Blvd.	San Mateo, CA 94402	(650)743-4180	Adriecane@gmail.com	https://adriennecaneilang.vpweb.com	Children, Adolescents, Adults, Couples, Depression, Anxiety, Families, Life Transitions, CBT, Grief and Loss, Police Families, Relationships, Culturally Diverse Families, LGBT, Developmental Delays, Autism, Special Needs	
						Magellan, Beacon Health	Jean B. Taylor, LCSW, BCD	450 Dondee Way, Suite 9	Pacific, CA 94044	(650)738-9550	jtaylor5717@sbcglobal.net			Counseling and Psychotherapy
	7/17/2019	x				*Private Pay and Sliding Scale	Pia Crosby, LMFT	961 Laurel Street, Suite 204	San Carlos, CA 94070	(510)760-8308	pia.heartstrings@gmail.com	http://onelifecounselingcenter.com/or-therapists/- Pia Crosby	Loss, Grief, Trauma, Depression, Stress Management, Mindfulness, Anxiety, First Responders. Individuals, Groups, Couples, and Families.	
					Private Pay	Manuela Mischke-Reeds M.A., MFT	661 Live Oak Ave, Suite 2	Menlo Park, CA 94025	(650)862-3010	mmreeds@gmail.com	https://www.somaticinquiry.com		PTSD, Psychotherapist and an international teacher and author of mindfulness-based somatic psychology. She co-lects the Hakomi Institute of California and teaches in the US, Europe, and Australia	
North Bay	7/17/2019	x				Dian Barkan, M.S.W., LCSW	825 College Ave.	Santa Rosa, Ca. 95404	(707) 579-8044		http://www.frns.org/resources-clinicians/barkan	Critical Incident Stress, PTSD, Co-founder of the West Coast Post Trauma Retreat. Specialty in first responder work, Anger Management.		
East Bay						Magellan, TriWest, Claremont Behavioral Health, Private Pay NO LONGER ACCEPTS MHN	Anne Bisek, Psy.D.	39198 State Street	Fremont, Ca. 94538	(510) 797-4911	Anne@Doc911.net	www.doc911.net	EMDR, Disability Issues, Post Trauma Stress, Anxiety, Trauma, Substance Abuse, Critical Incident Stress, Grief and Loss, Depression, Death of a Child	
		x				Private Pay	Abbie Cohen	628 2 <sup>nd</sup> Ave, Suite 206	Crockett, CA 94525	(707)315-0771			Former Police Officer, WPCR Clinician, PTSD, Trauma, Depression, Anxiety, Grief, Suicide, Sexual Abuse/Assault, EMDR, Individuals, Adults, Adolescents.	
		x					Kaitlin Walker, MA, LMFT	33 Quail Court, Suite 102	Walnut Creek, Ca 94596	(925)396-5975			Individuals, families, couples, adolescents, first responders. Trauma, anxiety, depression, stress, grief, life transitions, EMDR, somatic psychotherapy.	
		x				Blue Shield, WPCR Clinician, Magellan	*Stephanie Cress, RN, LCSW	140 Mayhew Way	Pleasant Hill, Ca. 94115	(415) 409-2949	Watercress1@aol.com	https://stephaniecress.com	PTSD, Trauma Recovery, Bereavement & Grief, AD/HD, Substance Abuse, Women's Issues, Anger Management, Anxiety/Depression, Critical Incident Debriefing, Couple & Individuals, EMDR, Clinical Hypnosis.	
		x				Blue Shield, Magellan	Doug Cyr, MFT	37 Quail Ct. #201	Walnut Creek, Ca 94596	(415)854-8302				PTSD, Anxiety, Depression, Substance Abuse, Police Families only.
		x				Magellan	*Karen Goehring, MFT	1826 Clement Ave. #209	Alameda, CA 94501	(408) 718-0205	karen@talktokaren.com	http://www.talktokaren.com	Former Paramedic, PTSD, Families, Adolescents, Individuals, Children, Eating Disorders, EMDR, Critical Incident Stress, Depression, Anxiety, Trauma, Grief & Loss, Relationship, Substance Abuse, First Responders	
7/17/2019	x	x			Blue Shield, Private Pay- Sliding scale, Magellan	*Louisa Parks, Psy.D.	4000 Broadway #13	Oakland, Ca. 94611	(510) 427-7785	parkspsyd@gmail.com	https://www.louisaparks.com	Individuals, Couples, WPCR Clinician, EMDR, Substance Abuse, Critical Incident Stress, PTSD, Depression, Anxiety, Neuropsychology.		
Marin		x				Magellan	*Melissa D'Amore, MFT	61 Camino Alto	Mill Valley, CA 94941	(415)250-5440		http://www.melissadamoremft.com	Trauma, Crisis Intervention, Grief, Life Transitions, Relationships and Relationship Trauma, Mindfulness, Recovery and Relapse Prevention, PTSD, EMDR	
		x					Joel Fay, Psy.D.	68 Marinita Ave.	San Rafael, Ca. 94901	(415) 720-6653	joel.fay@gmail.com	https://www.joelfay.com/index.html	Retired Police officer with LAPD/ San Rafael PD, Co-founder of West Coast Post-Trauma Retreat; PTSD, Depression, Anxiety, EMDR.	
		x				Blue Shield, Anthem Blue Cross, Magellan	Jacque Ladrech, MFT	240 Tamai Vista Blvd #270	Corte Madera, Ca, 94925	(415) 479-9008			Individuals, Couples, LGBT, Depression, Anxiety, Post Trauma Stress, Substance Abuse, Critical Incident Debriefing, Relationship, Anxiety, Co-Dependence	
	7/17/2019	x				Private Pay Sliding scale	Dana Nussbaum, Ph.D	1683 Novato Blvd.	Novato, CA 94947	(510) 798-0550	dr.d.nussbaum@gmail.com		EMDR, Critical Incident Stress, PTSD, Anxiety, Depression, Anger, WPCR Clinician, First Responders	
	7/17/2019	x	x			Blue Shield, Private Pay- Sliding scale, Magellan	*Louisa Parks, Psy.D.	1683 Novato Blvd.	Novato, CA 94947	(510) 427-7785	parkspsyd@gmail.com	https://www.louisaparks.com	Individuals, Couples, WPCR Clinician, EMDR, Substance Abuse, Critical Incident Stress, PTSD, Depression, Anxiety, Neuropsychology.	

	7/17/2019				Private Pay - Sliding Scale	Joan Steidinger, Ph.D.	311 Miller Ave, Suite F	Mill Valley, Ca 94941	(415) 288-4252	<a href="mailto:doctorjoans@gmail.com">doctorjoans@gmail.com</a>	<a href="http://www.powerzonephd.com">http://www.powerzonephd.com</a>	Business & Personal Life Coaching, PTSD, CSTD, Addiction & Substance Abuse, Sports Psychology, Women's Issues, Mood Disorders, EMDR, Anger Mgmt.
SAC	7/17/2019	x			Magellan, Blue Shield, Private Pay	*Heather Nelson Brame, LCSW	2618 J St., Suite 2	Sacramento, CA 95816	(415) 819-1842	<a href="mailto:hnbrame@comcast.net">hnbrame@comcast.net</a>		Trauma, PTSD, Critical Incident Stress Debriefing, Grief & Loss, Anxiety, Anger Management, Depression, Families, Children, Adolescents, Individuals, Couples, Diverse Families, Infant Loss.
	7/17/2019	x	x			Kay Williams, M.A.	4120 Cameron Park Drive,	Cameron Park, CA	(530)748-9592	<a href="mailto:pvheron@gmail.com">pvheron@gmail.com</a>		WCPR Clinician, Law Enforcement, Trauma, EMDR - Vetted through SAC Fire and is on Firestrong.

\*= Has practices in more than one office/area.

Beacon Health is a Kaiser Referral Behavioral Health Provider

Magellan Health is a Kaiser Referral Behavioral Health Provider

Psy.D./Doctor of Psychology

Ph.D./Doctor of Psychology

MFT/Licensed Marriage, Family, Therapist

CRTS/Certified Recreational Trauma Specialist

LCSW/License Clinical Social Worker

PTSD/Post Traumatic Stress Disorder

BCD/Board Certified Diplomate in Clinical Social Work

EMDR/Eye Movement Desensitization Reprocessing

[WCPR/ West Coast Trauma Retreat www.wcpr2001.org](http://www.wcpr2001.org)